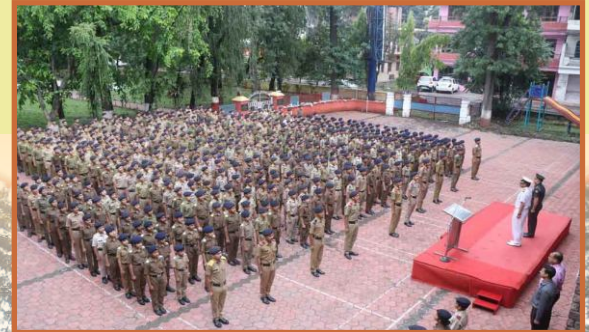


HIM SAINIK

ANNUAL MAGAZINE 2023-24



SAINIK SCHOOL

SUJANPUR TIRA (HP)

Shiv Pratap Shukla**Governor
Himachal Pradesh****शिव प्रताप शुक्ल****राज्यपाल
हिमाचल प्रदेश**

Message

It gives me immense pleasure to know that Sainik School SujanpurTira is coming out with the next edition of its school e-magazine 'Him Sainik' for the Academic Year 2023-24.

School magazines play a vital role by fostering creativity and encouraging expressions in students. They provide an apt opportunity for students to share their ideas and stay informed about school events. Additionally, they cultivate a sense of community and pride among students, enhancing the overall school experience.

Sainik School Sujanpur Tira is a prestigious institution of Himachal Pradesh. It has a long-standing tradition of nurturing young minds and instilling in them the values of discipline, integrity and service to the nation.

A handwritten signature in blue ink, which appears to read 'Shiv Pratap Shukla'.

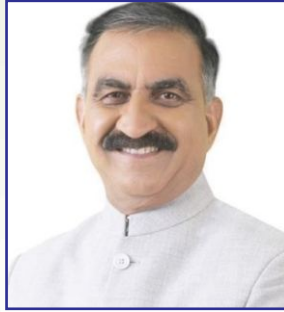
(Shiv Pratap Shukla)

सुखविन्दर सिंह सुक्खू
SUKHVINDER SINGH SUKHU



मुख्य मन्त्री
हिमाचल प्रदेश

CHIEF MINISTER
HIMACHAL PRADESH



Message

I am pleased to know that Sainik School Sujanpur Tira is bringing out the annual issue of its school e-magazine 'Him Sainik' for the Academic Year 2023-24.

Sainik School Sujanpur Tira has earned a distinguished reputation in Himachal Pradesh as a premier educational institution dedicated to holistic education since its inception in 1978. Apart from academic excellence, the school instills discipline and physical fitness by imparting training in Drill, PT, Firing and Sports. It is a matter of great pride that the school continues to inspire and groom the cadets to join the Defense Forces of our nation.

True Education is not merely about acquiring knowledge, but it is about nurturing character and fostering a sense of responsibility towards society and the nation. The institution has been fulfilling its noble mission of producing not just scholars, but responsible citizens who are ready to face the challenges of the world with confidence and determination.

I commend the relentless efforts of the school administration, teachers and staff who work tirelessly to provide the best possible education and opportunities to the students.

Best wishes for all future endeavours.

(Sukhvinder Singh Sukhu)

Sh Pawan Kumar Sharma
Joint Secretary (Trg,CG,SSC) & CISO
& Honorary Secretary
Sainik Schools Society

Government of India
Ministry of Defence
Department of Defence
New Delhi- 110 011



Message

I am delighted to know that Sainik School Sujanpur Tira is all set to bring out the next edition of its annual school e-magazine 'Him Sainik' for the session 2023-24.

Sainik Schools are known for their quality education and overall grooming of the cadets. They develop ethos of national spirit, indomitable courage and unfailing commitment to the nation. They imbibe the importance of physical fitness and embody the national pride in the students. These schools provide conducive learning environment and engage the cadets into various curricular and co-curricular activities which help them to develop an all-round personality coupled with high standard of discipline, values and character.

Sainik School Sujanpur Tira has been instrumental in realising the objective of Sainik Schools and prepares students academically, mentally and physically for entry into the National Defence Academy (NDA). Over the years, it has sent large number of cadets to NDA, OTA and Naval Academy. I am happy to know that during the session 2023-24, the school achieved outstanding results in the CBSE Board Examinations for classes X and XII, securing top positions amongst all the Sainik Schools in India. Besides academic excellence, the school also won trophies in Hockey and Athletics during "The All India Sainik Schools National Games-2023." I earnestly hope that the Sainik School Sujanpur Tira will continue to motivate, guide and train its cadets to chase their dreams.

My best wishes to the institution and its entire team for their future endeavours.

Pawan Kumar Sharma

Maj Gen Anil Chandel, VSM
Chief of Staff

मुख्यालय ९ कोर
पिन- ९०८५०९
द्वारा ५६ ए पी ओ
Headquarters 9 Corps
PIN-908509
c/o 56 APO



Message

Sainik School Sujanpur Tira is a prestigious institution in Himachal Pradesh and has been playing a substantial role to groom the cadets for the defense forces of our nation. Here, the students are groomed, motivated and mentored in an environment which helps them to unleash their fullest potential.

It is a matter of great satisfaction that during the session 2023-24, the school achieved outstanding results in the CBSE Board Examinations for classes X and XII, securing the top positions amongst all the Sainik Schools in India. Besides academic excellence, the school also won trophies in Hockey and Athletics during “The All India Sainik Schools National Games-2023 for Group-A” held at Sainik School Sujanpur Tira.

I urge all the cadets to embrace the opportunities that Sainik School offers and to strive for excellence in all your endeavours. The time here is not just for academic achievements, but also for developing the qualities of leadership, camaraderie and service to the nation. I am sanguine that Sainik School Sujanpur Tira will continue to pursue the intended goal of shaping the young cadets to be future military leaders.

On this momentous occasion, I wish the school administration, teaching staff and all the cadets success in their future endeavours.

Jai Hind !

(Anil Chandel)

एयर कमांडोर एस जेकब

निरीक्षण अधिकारी

Air Cmde S Jacob

Inspecting Officer

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सैनिक स्कूल सोसायटी

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Government of India

Ministry of Defence

Sainik Schools Society

101,D Wing, Sena Bhawan

New Delhi-110011



Message

It is heartening to know that Sainik School Sujanpur Tira is bringing out the next edition of its school e-magazine 'Him Sainik' for the Academic Year 2023-24

A school magazine provides an appropriate platform to the cadets for honing creativity of young minds and helps in developing originality of thoughts in them. It plays a vital role in providing a complete insight into the various activities and events organised throughout the academic session.

Sainik School Sujanpur Tira is a dynamic institution and is continuously striving to play a significant role to groom the cadets and transforming them into prospective officers of our Defence forces. Moreover, the school has already sent a large number of cadets to NDA, IMA & INA. The school is ever committed to provide a conducive learning environment for the cadets to learn and grow in the best possible way. It is also putting in concerted efforts to ensure the holistic development of the cadets through various activities and capacity building programmes.

I am happy to learn that during the Academic session 2023-24, the school achieved outstanding results in the CBSE Board Examinations for Class X and XII, securing the top positions amongst all the Sainik Schools in India. I am confident that the staff and the cadets of the school will continue to set new standards of excellence, true to the motto of the school.

I convey my greetings to the entire Sujanian fraternity and wish them all the very best in their future endeavours.




(एयर कमांडोर एस जेकब)
AIR CMDE S JACOB
निरीक्षण अधिकारी / INSPECTING OFFICER
सैनिक स्कूल सोसायटी / Sainik Schools Society
रक्षा मंत्रालय, नई दिल्ली
Min. of Defence, New Delhi

At the Helm



Capt (IN) MK Mahawar
Principal



Lt Col Nitin Sharma
Vice- Principal



Lt Col Rajinder Singh
Administrative Officer

Capt (IN) MK Mahawar
Principal



FROM THE PRINCIPAL'S DESK

Sainik School SujanpurTira is a distinguished institution in Himachal Pradesh, renowned for its excellence in education. Since its inception in 1978, it has remained dedicated to delivering quality education to the cadets. It is a great honour for me to be at the helm of affairs in this great institution.

Education is the key to unlocking students' true potential, shaping their future with wisdom, discipline, and confidence. It is a lifelong journey that instills knowledge, nurtures character, and fosters curiosity, resilience, and innovation. True learning extends beyond academics; it builds integrity, self-awareness, and a vision for success. At our school, we are dedicated to providing a holistic and dynamic learning experience that nurtures intellectual growth, emotional well-being, and a global outlook. We create a stimulating environment where cadets actively engage in diverse curricular and co-curricular activities, ensuring their all-round development. Our approach focuses on honing essential life skills such as critical thinking, effective communication, and problem-solving through experiential learning. In addition to preparing cadets academically, physically, and mentally for the armed forces, the school places a strong emphasis on value-based education, which is more crucial than ever in today's world. Through this comprehensive approach, we strive to shape responsible, resilient, and future-ready leaders who will contribute meaningfully to society.

The academic session 2023-24 has been a remarkable one, marked by a series of accomplishments. Our cadets participated with great enthusiasm and excelled in every aspect, from curricular to co-curricular activities. Their exceptional knowledge, skills, and talent brought immense pride to the school. Throughout the year, the school organised special training sessions and motivational lectures to inspire and equip our cadets with the best of knowledge and skills. I am immensely proud to share that Sainik School SujanpurTira has upheld its legacy of setting high standards in academic excellence. During the session 2023-24, the school achieved outstanding results in the CBSE Board Examinations for classes X and XII, securing top positions amongst all the Sainik Schools in India. Besides academic excellence, the school successfully conducted "The All India Sainik Schools National Games-2023 for Group-A" and won trophies in Hockey and Athletics. Our dedicated academic staff actively participated in various intensive Teachers' Training sessions and Capacity Building Programmes. These initiatives have enabled them to stay updated with the latest educational trends and technologies, empowering them to become more innovative and tech-savvy educators. This commitment to continuous learning and professional development reflects our school's dedication to providing the best possible education to our cadets.

I would like to express my gratitude to our cadets for their dedication and hard work in bringing this magazine to life. Their contributions, whether in art, literature, or sharing their personal experiences, truly embody the vibrant and dynamic spirit of our school. I also would like to acknowledge and appreciate the collective endeavours of my colleagues, staff members in realising the dreams and hopes of our cadets. I am quite sanguine that the consistent efforts, hard work and dedication of 'Team Sujanians' will surely help the school to scale new heights of excellence and glory in the future.

I wish grand success to the editorial team for sincere efforts.
Jai Hind!



HIM SAINIK

The Annual Journal of
SAINIK SCHOOL
Sujanpur Tira, (HP) 176110

2023-24

Patron

Capt (IN) MK Mahawar
Principal

Chief Editor

Lt Col Nitin Sharma
Vice-Principal

THE EDITORIAL BOARD



Cdt Ritvik Singh (Literary Captain), Dr Sanjay Thakur (IC Him Sainik & Editor English),
Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal),
Lt Col Rajinder Singh (Admn. Officer), Mr JS Thakur (Sr Master), Mr Shashi Pal Singh (Editor Hindi)

Dr Sanjay Thakur
Editor



From the Editor's Desk

Dear Readers,

It is with immense pride and privilege that I present to you the annual edition of our school e-magazine 'Him Sainik' for the session 2023-24. This magazine is a reflection of the vibrant journey of our school, capturing its myriad activities, milestones, and achievements that make Sainik School Sujampur Tira a beacon of excellence.

A school magazine is much more than a collection of articles, poems, and pictures. It is a canvas where our students paint their thoughts, dreams, and ideas. It is a space for them to voice their opinions, showcase their talents, and celebrate their achievements. It not only captures the essence of school life, but also inspires creativity, critical thinking, and collaboration.

In our role as educators, it is our responsibility to nurture students' inquisitiveness, channelise their energy, and guide them toward meaningful activities. By fostering analytical thinking and encouraging them to explore and evaluate the world objectively, we prepare them not just as learners but as informed and responsible citizens of tomorrow.

As the editor, I feel privileged to have witnessed the incredible passion and dedication of our young writers, artists, and contributors. Their boundless energy and remarkable creativity are truly infectious, and I am confident that their contributions will make an enduring impression on every reader.

I extend my heartfelt gratitude to the school authorities for their unwavering support and guidance. I am also thankful to the editorial team and my colleagues for their valuable suggestions and feedback. Most importantly, I appreciate and commend our cadets for their remarkable contributions, which have truly brought this magazine to life. Their passion, innovation, and hard work inspire us all.

I hope this edition of 'Him Sainik' offers you an enriching and nostalgic reflection on the past year. May it inspire you, spark creativity, and strengthen the bond that unites us as a school community.

School Staff

Principal	:	Capt (IN) MK Mahawar
Vice-Principal	:	Lt Col Nitin Sharma
Administrative Officer	:	Lt Col Rajinder Singh

Academic Staff

FACULTY OF SCIENCE

Mr J S Thakur, M.Sc. (Phy). B.Ed. (Sr Master)
Mrs Meenakshi Rana, M.Sc. (Chem.) B.Ed.
Mr Susheel Kumar, M.Sc. (Chem.), B.Ed.
Mrs Kumari Renu, M.Sc. (Phy), B.Ed
Mr Rattan Singh Thakur, M.Sc., M.Phil,
(Zoology), B.Ed.
Mrs Indu Dahiya, B.Sc., M.Ed

FACULTY OF ENGLISH

Mrs Indu Puri, MA (Eng), B.Ed
Mrs Sunita Chandel, MA (Eng), B.Ed.
Dr Sanjay Kumar Thakur, MA, M.Phil, Ph.D
(Eng). PGCTE (Eng) MA (Edu) MDST
Mr Rajwir Singh, MA (Eng), B.Ed.

FACULTY OF MATHS

Mr Umesh Modgil, M.Sc., M.Phil (Maths),
B.Ed. PGDCA.
Mrs Bhumika Sharma, M.Sc. (Maths), B.Ed.
Mr Suresh Kumar, M.Sc. (Maths), B.Ed.
Mr Rohit Gupta, M.Sc. (Maths), M.A. (Hindi)
B.Ed.

FACULTY OF COMPUTER SCIENCE

Mrs Neelam Dhiman, B.Sc., MCA
Ms Pushpa Kumari, MBA, MCA, MA (Eco),
B.Ed.

FACULTY OF HINDI

Mr Shashi Pal, MA (Hindi), B.Ed.
Mrs Dimple Pathania, MA (Hindi) M.Phil, B.Ed.
Mrs Pooja Thakur, MA (Hindi), B.Ed.

FACULTY OF SOCIAL SCIENCES

Mr J K Verma, MA (Geo), B.Ed.
Mr Vikram Singh Dhillon, MA (His), M.Ed.
Mrs Suman Thakur, BA (Hons) MA (Eng),
M. Phil (Eco), B.Ed.

FACULTY OF SANSKRIT

Dr B D Vashishtha, MA (Sanskrit), B.Ed.,
M.Phil, Ph.D.

FACULTY OF FINE ART

Mr Arvind Verma, Bachelor in Fine Arts

LIBRARIAN

Mr Rakesh Rana, MA (His), M.Lib & Info Sci.

ASSISTANTS & ATTENDANTS

Mr Naveen Sen, Lab Asstt (Bio)
Mr Vishal Thakur, Lab Asstt (Chem)
Mr Deep Kumar, Lib Attdt

Administrative Staff

Mr Anup Rana	Accountant	Mr Vijay Kumar	Medical Attdt
Mr Vishal Sharma	Mess Manager	Mr Aman Kumar	Driver
Mr OP Sharma	Quarter Master	Mr Mukesh Sharma	Ward Boy
Mr Madan Lal	Hostel Supdt	Mr Desh Raj	Ward Boy
Mr Pawan Kumar	UDC	Mr Ashok Kumar	Canteen Manager
Mr Praveen Kumar Sharma	UDC	Mr Deepak	Salesman
Mr Ravi Kumar	LDC		

NCC Staff

Sub Zaheer Hussan Shah
 Hav Hira Nand Sharma
 Mr Rajesh Premi (Clerk)

APTC Staff

CHM Manohar Singh
 Hav Ashish Singh Thapa

General Employees

Mr Ashok Kumar-1	Md Usman Ali	Mr Desh Raj
Mr Madan Lal	Mr Raj Kumar	Mr Amit Kumar
Mr Ashok Kumar-2	Mr Sanjeev Kumar	Mr Satish Kumar
Mr Subhash Chand	Mr Ashwani Kumar	Mr Sunil Kumar Pal
Mr Vikram Chand	Mr Sandeep Kumar	Mr Sunny Kumar
Mr Tilak Raj	Mr Ramesh Chand-4	Mr Suresh Kumar
Mr Desh Raj	Mr Rakesh Kumar	Mr Pawan Kumar
Mr Subhash Mehta	Mr Vijay Kumar	
Mr Chatru Ram	Mr Mahender Singh	
Mr Sat Pal		

School's Annual Report

1. Honourable Chief Guest of the day Shri R S Bali, Cabinet Minister Rank, Chairman, Tourism, (HP), Lt Col Nitin Sharma, Vice Principal, Lt Col Rajinder Singh, Administrative Officer, distinguished guests and invitees, members of OBA, staff of the school and my dear cadets.
2. At the outset, I, extend my warm felicitations to everyone present here on this momentous occasion of 46th Annual cum Raising Day celebrations of Sainik School Sujanpur Tira.
3. Today I feel privileged to stand before you to present the Annual School Report of this prestigious institution for the session 2022-23. I also take this opportunity to welcome and thank the Chief Guest of today's event, our most revered Shri R.S.Bali, HP Secretariat & Chairman, Tourism(HP) who despite his numerous engagements and a rather tight schedule has spared his valuable time to grace the occasion. Sir, it is an honour to have you here amongst us on our special day.
4. Annual Day is surely the biggest event for a school. It is the occasion for all of us to reflect back and feel proud of the outstanding work that the school has carried out for the all round development of the cadets.

Ladies & Gentlemen, let me apprise you that Sainik School Sujanpur Tira has carved a niche for itself in every sphere of education and has made progress in leaps and bounds since its inception in 1978. We have not only scripted a remarkable history of sending more than 550 cadets to Armed forces but our cadets are doing commendable services in other fields as well and have been contributing in the progress of the nation. In pursuit of its goal of achieving excellence, the school has been setting new standards over the years for others to follow. The school boasts of having the unique distinction of having bagged the Raksha Mantri Trophy four times for sending maximum number of cadets to the Defence forces.

ACADEMIC PERFORMANCE

Academic achievements reflect the diligence and skills of the students to perform to the best of their ability. Achieving a high level of academic excellence is an essential milestone in any educational journey.

Ladies & Gentlemen, I, take pride in announcing that our cadets performed exceedingly well in all the examinations that were conducted at the school level last year and were promoted to higher classes. The school achieved 100% pass result in all classes from VI to VIII, IX & XI. The CBSE result for classes X and XII, had also been very encouraging as the school achieved 100% pass result in the last academic session. Out of the 75 cadets who appeared in class XII Board Examination in 2022, 03 cadets scored more than 90% and 39 cadets scored above 75% marks. In class X, out of the 76 cadets who appeared in the CBSE Exam, 18 cadets scored above 90% and 47 cadets scored above 75% marks.

AWARDS AND ACHIEVEMENTS

The cadets have been bringing laurels to the school through their extraordinary brilliance and talent. They have exhibited their potential on many occasions and made their mark through various activities. To name a few,

1. Cadet Kanav Chandel of class VIII was placed among the top 100 students from Panchkula region of CBSE in the Aryabhata Ganit Challenge 2022. The cadet received a certificate of Merit from the CBSE for his achievement.

2. Cadet Tejas Chandel made the school proud by scoring AIR 15 in the final merit list of the UPSC (NDA) last year.

3. Cdt Kartik Sharma and Cdt. Kritesh of class XI participated in All India Sainik Schools Mountaineering Expedition to Shitidhar, at Manali, Himachal Pradesh. It required a great deal of physical strength, iron will and mental toughness to accomplish this herculean task. But our cadets exhibited true sujanian spirit and made it to the summit. A total of 32 cadets from all Sainik Schools participated in the expedition. The cadets received certificates of Merit and a track-suit each for their exemplary work.

4. It is a matter of pride for the school that we have been twice adjudged as the ATL of the month during the last academic session in the months of April and May 2022. Owing to the innovative works carried out in the ATL, three cadets of the school namely Cdt. Ishan Negi, Cdt. Akshit Sharma and Cdt. Parag Thakur of class VIII A were selected among top 100 participants in the country for their work as Team Book Shelf under the Tinkerpreneur Bootcamp 2022-23. The cadets have achieved this feat under the able guidance of Ms. Pushpa Kumari, Tgt, Computer Science. The top 100 teams would further undergo training by Indian School of Business in 2024.

5. 87 cadets of class IX including 02 girl cadets attended Annual Training Camp(ATC) of NCC from 16 Oct to 23 Oct. 2022 at JNV, Dungri, Hamirpur, HP. It was due to the sheer hard work, perseverance and discipline that three of these cadets including two girl cadets could finally make it to the level of the Pre RDC held at Ropar, Punjab from 22 Nov to 13 Dec, 2022.

I take this opportunity to compliment the NCC Staff of the school for their untiring and relentless efforts in training and mentoring the cadets for these camps. It was the motivation and training imparted by the Staff in NCC skills that Cdt. Akshaj Nadda was adjudged as the overall best NCC cadet and Cdt. Parul Chandel as the overall best girl cadet

It gives me immense pleasure to announce that the school had the privilege of hosting the All India Sainik Schools National Games(AISSNG),2022 in July this year wherein we welcomed teams of six schools from the North Zone. It was for the first time in the history of Sainik Schools that girls also participated in the event. A host of events were conducted during this period which included Athletics, Hockey, Volleyball, Basketball and cultural competitions. The event was an altogether thrilling and exhilarating experience that lasted for four days and the participants from different schools left no stone unturned to win trophies and medals for their schools. I declare it with great pride that the Hockey team of Sainik School Sujanpur Tira lifted the trophy after defeating the 13 time champions, the Sai Kapians. The girl cadets of the school also proved their mettle and won the Athletics trophy for the school.

EXTRA CURRICULAR ACTIVITIES

It is not just the academic excellence that the school takes pride in but for maximum capacity utilization of every individual cadet of the school, many co-curricular activities are also organised in the school from time to time.

1. The school has been conducting Inter House Literary competitions in English and Hindi to provide platform to cadets to hone their public speaking skills.Satluj House emerged as the winner in both Sr. And Jr. categories in English Debate competition held during the last academic year. In IHC Eng Declamation, again Satluj won the Srs title and Beas emerged victorious in Jr. category.

In Hindi Debate competition, Ravi House won the Srs. title whereas Chenab won in the Jr. category. Inter House Hindi Declamation competition was won by Satluj House in both the categories.

Inter House Quiz competitions in both Sr. & Jr categories were conducted for cadets to delve beyond textual knowledge and to learn to work in groups allowing them to develop their team work abilities. Beas house won the competition in both the categories.

2. Cadets and academic staff of the school participated in online Ganga Quest (Namami Gange) and based on their performance in the quiz, 103 cadets got digital certificates of participation and appreciation from the Director General, National Mission for Clean Ganga.

3. A plethora of activities like Essay Writing, Poster Making, Drawing, Quiz etc. highlighting the culture and ethos of the partner state, Kerala were conducted under the umbrella of Ek Bharat Shreshtha Bharat, a Govt. Of India initiative to promote cultural and educational exchange between the two states . The activities were conducted for different classes from VII to X.

4. The school has been displaying active participation in all govt. Initiated programmes and schemes. Har Ghar Tiranga initiative was observed in its true spirit in the school campus as well as in the surrounding areas. Hoisting of the national flag on all hostels, academic block, staff quarters was carried out to mark the occasion. Activities like Paraph writing, Essay writing, Tiranga Jagrukta Rally and Preamble Reading were conducted for cadets of classes VII, VIII & IX on this occasion.

5. A host of activities like Speech, Cleanliness Drive and Freedom Run were conducted under the Azadi ka Amrut Mahotsav(AKAM) .
6. Cadets of class VI visited The Post Office, Sujanpur Tira on 12 Oct, 2022 to witness and understand the functioning of postal services.
7. The school has been organising tours, trips and excursions for cadets to educational institutions and defence establishments to keep them motivated and consistently driven towards their goal. In this series, 71 cadets of class XI accompanied by two teachers visited the IMA, Dehradun in Dec, last year to witness the final rehearsal of the POP.
8. International Olympiad organised by SilverZone foundation was conducted in the subjects of Mathematics and Science on 17 & 19 Nov, 2022 respectively. All cadets from classes VI to XII participated in the Olympiads.
9. NCC 'A' Certificate examination was held for the cadets of class IX on 28 Jan, 2022. Practical Exam for the same was held on 27 Jan, 2022.

PARENT TEACHER MEETING (PTMs)

The parents of the cadets are regularly informed about their ward's performance and their general conduct in the school through PTMs. The school has been conducting online and offline PTMs on the second Saturday of every month for parents to interact with the teachers and know about the activities conducted in the school for the all round development of the cadets.

CAPACITY BUILDING PROGRAMMES FOR TEACHERS

To keep pace with the latest technology and innovations in the field of education and also to remain updated with the modern methodology and pedagogical strategies in teaching, our teachers have been attending various online and offline workshops/courses.

1. All teachers attended Teachers workshop in different batches at IITE, Gandhinagar, Gujarat during the last academic session. This was the first of its kind workshop for teachers by the Sainik Schools Society in collaboration with the Indian Institute for Teacher Education(IITE) held at a centralised location for teachers of all Sainik Schools to participate and exchange their ideas and experiences. The first phase of the workshop got over in Dec,2022 with the last batch of teachers attending the workshop and the second phase is already in progress. This is a five year teachers training programme which will be held in several phases with the last batch receiving training in 2027.
2. Language teachers and Librarian of the school attended a webinar on the occasion of the launch of the 'CBSE Budding Authors Programme' on 23 Aug, 2022.
3. Cadet of classes VIII, IX and X attended online training on 'Virtual Labs for Teaching, Learning and Assessment' along with their respective subject teachers on the dates specified by the CBSE for each subject.
4. Teachers attended an online training session on 'Assistive Technologies' and on 'Empowering Teachers for Promoting Mental Health and Well-Being in Schools'.

CELEBRATION OF NATIONAL AND INTERNATIONAL DAYS

1. Activities like Poster making and drawing competition for cadets of classes VII & VIII were conducted to mark the 8th International Day of Yoga on 21 June 2022. A Yoga session was also held on this day for cadets & staff of the school under the guidance of the PTIs to practice and learn various yogasanas.

2. Armed Forces Flag Day was observed in the school on 07 Dec, 2022.

3. Independence Day and Republic Day were celebrated in the school with great patriotic fervour. The hoisting and unfurling of the National Flag was followed by a splendid march past by the cadets of the school which culminated in music and dance performances. Inter House Rangoli competition was also conducted on 15 Aug, 2022 which was won by Yamuna House.

4. In order to foster and reinforce the spirit of communal harmony and national integration among the cadets, Communal Harmony Week was observed in the school from 19 Nov to 25 Nov, 2022. Activities like Shramdaan in the Hostel and Mess area, Speech, Slogan Writing, Poster making competition etc. were held during this period. The winners of these competitions were awarded certificates by the school.

INFRASTRUCTURE DEVELOPMENT WORKS

Ladies and Gentlemen, the school has been carrying out a sustained programme of renovation and upgradation of the school infrastructure to provide a conducive ambience for cadets to learn and grow. In this direction the roofs of three hostels namely Ravi, Chenab and Satluj were renovated.

1. Chenab Hostel underwent a complete makeover for accommodating the newly inducted girl cadets. The hostel is now well equipped with all the necessary facilities for the new entrants.

2. Jhelum Hostel has recently been upgraded with the tiling of all three floors of the hostel.

3. Similarly, the roof of the Cadets' Mess also underwent a complete facelift and was upgraded to the desired standards.

4. A separate building has been constructed and designated as the Medical Infirmary (MI Room) of the school.

5. Indoor Shooting Range has become operational for cadets to practice and try their hand in shooting.

6. The staff quarters underwent a complete electrical reinstallation of cabling and associated devices off late.

FUTURE PROJECTS

1. Renovation of Satluj Hostel is underway and is soon to be completed.

2. The NDA Cell will become operational next year with all the latest technology and features as an effective tool to assist teachers in imparting knowledge and to guide and motivate the NDA aspirants.

3. The renovation of the Assembly Hall & the Administrative Block of the school is in progress and will soon be completed.

VISITS

The school has been privileged enough to welcome many political leaders and officers of great calibre who visited the school last year.

The school had the rare privilege of welcoming the Honourable Chief Minister of Himachal Pradesh Sh. Sukhwinder Singh Sukhu on 05 Mar, 2022. Sh. Sukhu addressed the cadets of the school and lauded the efforts of the management and the staff of the school in training the cadets for the service of the motherland and for setting new standards of excellence every year.

We had the honour of welcoming Maj. General Ranjan Mahajan, SM in the school on 29 Aug, 2022. The officer interacted with the cadets and has been a great source of inspiration for the NDA aspirants. There was also a rejuvenating session of meditation for the cadets of the school under the guidance of Mrs. Anju Mahajan.

Cabinet Minister and minister of Youth Affairs and Sports of India Shri Anurag Singh Thakur visited the school on 15 May, 2022. The minister had an interaction with the Management of the school on affairs related to the growth & welfare of the school.

The then COS, HQ 9 Corps and Chairman LBA Maj. Gen. Atul Rawat, visited the school on 30 Sept, 2022 for the 74th LBA meeting.

Three Naval Officers visited the school as part of the Navy week observed in the month of November last year in the school. The officers interacted with the cadets of classes IX to XII and addressed their queries related to Defence Forces. A short documentary on the Indian Navy was also shown to the cadets.

Three teachers from Rajlaxmi Samvit Gurukulam, Nalagarh, HP visited the school as part of the CBSE Hubs of Learning to witness the functioning of the school.

ACKNOWLEDGEMENT

Ladies and Gentlemen, on this memorable day as we recount our success with pride and happiness, I would like to place on record that the school also acknowledges and extends its thankful appreciation for the District Administration, HP State PWD (B&R) and Electrical, I & PH department, Defence veterans, Press and electronic media and local people for their kind support from time to time without which life would not have been the same.

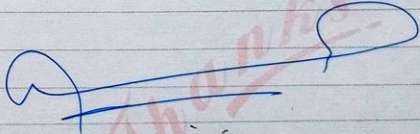
Let me take this opportunity to remind us all that the school has achieved many milestones in the past and many are still to be reached. Our school is blessed with smart and innovative cadets. We at Sainik School Sujanpur Tira will continue our unceasing efforts to mould the young minds into well balanced personalities with confidence and zeal befitting the supreme standards of education.

Before I wind up the School Annual Report, I express my sincere thanks to our honourable Chief Guest Shri. R.S. Bali, Chairman Tourism, distinguished assemblage, parents, Old Boys Association and Local authorities for being with us on the 46th Annual cum Raising Day Celebrations.

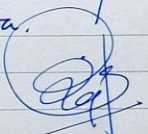
I sum up the School Annual Report with these words,
"Don't tell us sky is the limit when there are footprints on the moon!"
Thank you!
JAI HIND

Impressions by our Esteemed Visitors

Visitors Book

S.No.	Date	Name and Address	Fax & Phone	Remarks
	15 May 2023	Shri Anurag Singh Thakur Honble Member of Parliament & Union Minister of Information and Broadcasting & Minister of Youth Affairs and Sports		It was my pleasure to attend the LBA meeting today, good to see the passion of the members to contribute towards the progress & growth of the school. Let us commit to take Sainik School, Sujampur to be among TOP 3 schools in the country. Jai Hind 

Visitors Book

S.No.	Date	Name and Address	Fax & Phone	Remarks
	15 May 2023	Lt Gen Pushpendra Singh, TM**, GOC, 9 Corps		A privilege to be at Sainik School Sujanpur Tira. It's heartening to see a highly motivated team of staff running the institution. You are all doing an excellent job of work - keep it up! God Bless all of you. 

Impressions by our Esteemed Visitors

Visitors Book

S.No.	Date	Name and Address	Fax & Phone	Remarks
	15 May 2023	Maj Gen Atul Rawat, AVSM, CO, HQ 9 Corps & Chairman LBC		On the occasion of LBA Meeting. It was a fruitful meeting and we are thankful to Hon'ble Shri Anurag Thakurji for his kind support. So also, Lt Gen Pushpendra Singh, SM** GOC 9 Corps who flew in to put in a word for the school. Best wishes to the principal and his team to take it from here and lead the school to glory. Shri

Thanks

Visitors Book

S.No.	Date	Name and Address	Fax & Phone	Remarks
	03 Jul 23	Shri Rajinder Rana Hon'ble Member of Legislative Assembly Sujanpur (H.P.)		I feel proud & privileged to inaugurate All India School National Games 2023 "Group A". All the best & best wishes. Jai 03/07/2023.

Thanks

Impressions by our Esteemed Visitors

Visitors Book

S.No.	Date	Name and Address	Fax & Phone	Remarks
	06 July 23	Dr. Ramesh Bharti Principal, R.R.G.M.C., Hamirpur. (H.P.)		It was a great privilege and proud to get the honour as chief Guest in the closing ceremony of All India Sainik Schools National Games 2023 - It was fantastic experience. Thanks a lot 06/07/23

Thanks

Visitors Book

S.No.	Date	Name and Address	Fax & Phone	Remarks
	02 Nov 23	Sh Raghbir Singh Bali Cabinet Minister Rank Chairman Tourism Government of Himachal Pradesh.		Today I had the privilege of attending the 46 th Annual - Cum - raising day function of the prestigious School. It was a honour to be a part of this beautiful function. The students were superb in every activity and every performance. I wish the school staff and students all the best for their future and wish the Good luck for life. R.S. Bali

Impressions by our Esteemed Visitors

S.No.	Date	Name and Address	Fax & Phone	Remarks
	08 Feb 24	Maj Gen K P Singh, VSM ADG Recruitment (Maryana, Himachal & Chandigarh)		It was an honour to be visiting this great institution and interacting with staff & students. Was impressed to see achievements of the school. My best wishes to the school le

Thanks

Srinivas

S.No.	Date	Name and Address	Fax & Phone	Remarks
	24 Feb 24	Maj Gen Anil Chandel, VSM CDR, HQ 9 Corps & Chairman LBA		Initial visit to the school. Very heartening and encouraging to see dedicated hard work being done in a persistent and creative manner to develop the character and personality of the students. Plans for further development have been discussed. Wish the school all the best for future!
				<u>Shershif</u>

ACADEMIC TEAM



Sitting (From Left to Right) :- Mr Rattan Singh Thakur, Mrs Indu Dahiya, Mrs Kumari Renu, Ms Pushpa Kumari, Mrs Meenakshi Rana, Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal), Lt Col Rajinder Singh (Adm Officer), Mr JS Thakur (SM), Mrs Neelam Dhiman, Mr Rakesh Sharma, Mr Susheel Kumar, Dr BD Vashishtha, Mr Arvind Verma

Standing (From Left to Right) :- Mr Rohit Gupta, Mr VS Dhillon, Mr Shashi Pal Singh, Mrs Suman Thakur, Mrs Pooja Thakur, Mrs Indu Puri, Mrs Bhumiika Sharma, Mrs Sunita Chandel, Mrs Dimple Pathania, Mr Suresh Sharma, Mr Rajwinder Singh, Dr Sanjay Thakur, Mr J K Verma, Mr Naveen Sen, Mr Vishal Thakur

ADMINISTRATIVE STAFF



Sitting (From Left to Right) :- Mr Pawan Kumar, Mr Vishal Sharma, Mr Anup Rana, Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal), Lt Col Rajinder Singh (Adm Officer), Mr O P Sharma, Mr Madan Lal, Mr Deep Kumar

Standing (From Left to Right) :- Mr Desh Raj, Mr Mukesh Sharma, Mr Aman Kumar, Mr Praveen Kumar Sharma, Mr Ravi Kumar

GENERAL EMPLOYEES



Sitting (From Left to Right) :- Mr. Ashok Kumar, Mr Ashok Kumar, Mr Vishal Sharma, Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal), Lt Col Rajinder Singh (Adm Officer), Mr O P Sharma, Mr Subhash Mehta, Mr Vikram Chand
Standing (From Left to Right) :- Mr Sandeep Kumar, Mr Madan Lal, Mr Rakesh Kumar, Mr Mahender Singh, Mr Subhash Chand, Mr Satish Kumar, Mr Ramesh Chand, Mr Raj Kumar, Mr Sunny Kumar

NCC STAFF



Sitting (From Left to Right) :- Mr Rohit Gupta (T/O), Mr V S Dhillon(S/O), Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal), Lt Col Rajinder Singh (Adm Officer), Sub Zaheer Hussan Shah, Hav Hira Nand Sharma

APTC STAFF



Sitting (From Left to Right) :- Ms Asha Devi (PTI), CHM Manohar Singh, Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal), Lt Col Rajinder Singh (Adm Officer), Hav Ashish Singh Thapa

SCHOOL ATL TEAM



International Mathematics Olympiad Team



International Science Olympiad Team



School Academic Council



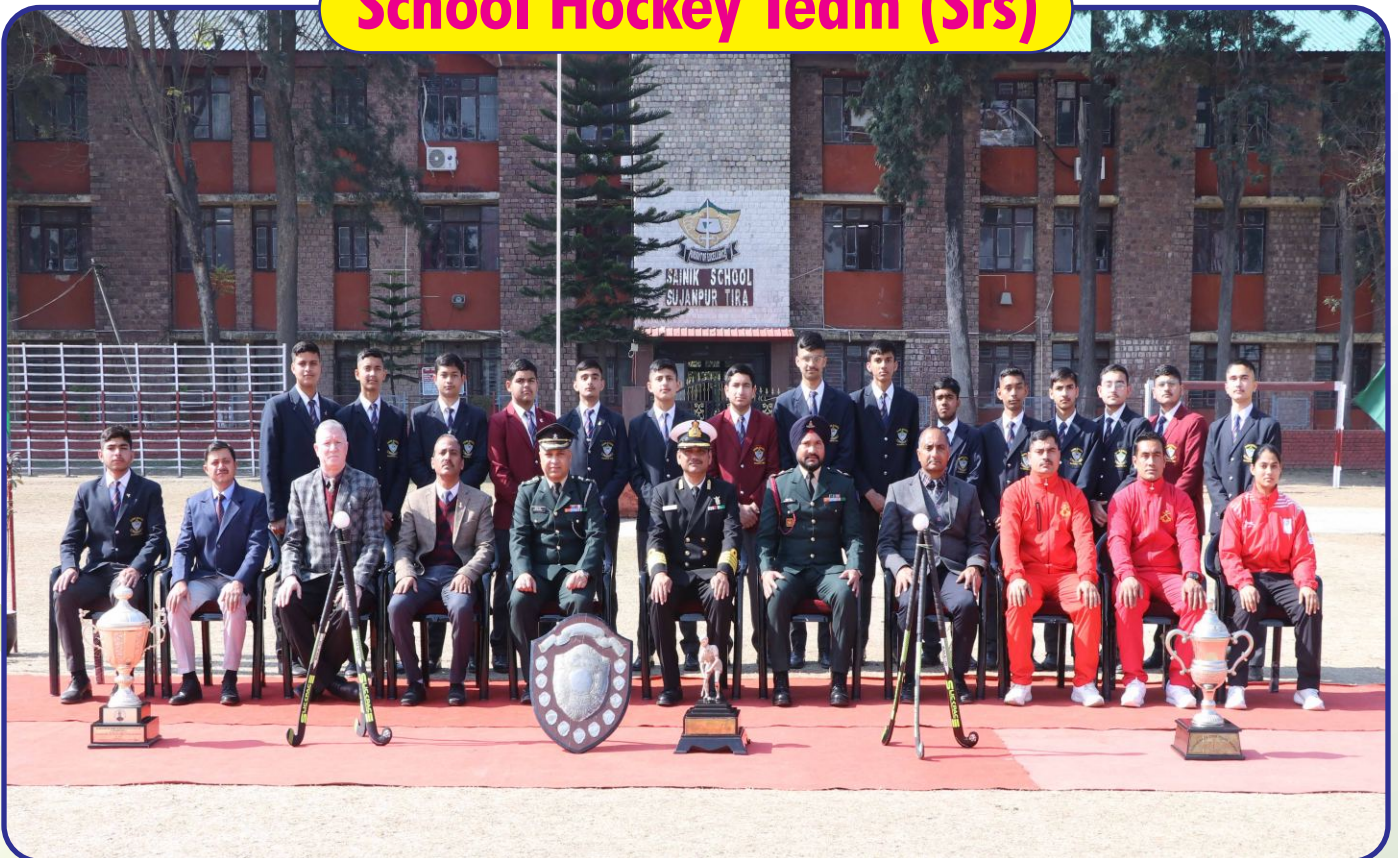
School Football Team (Srs)



School Football Team (Jrs)



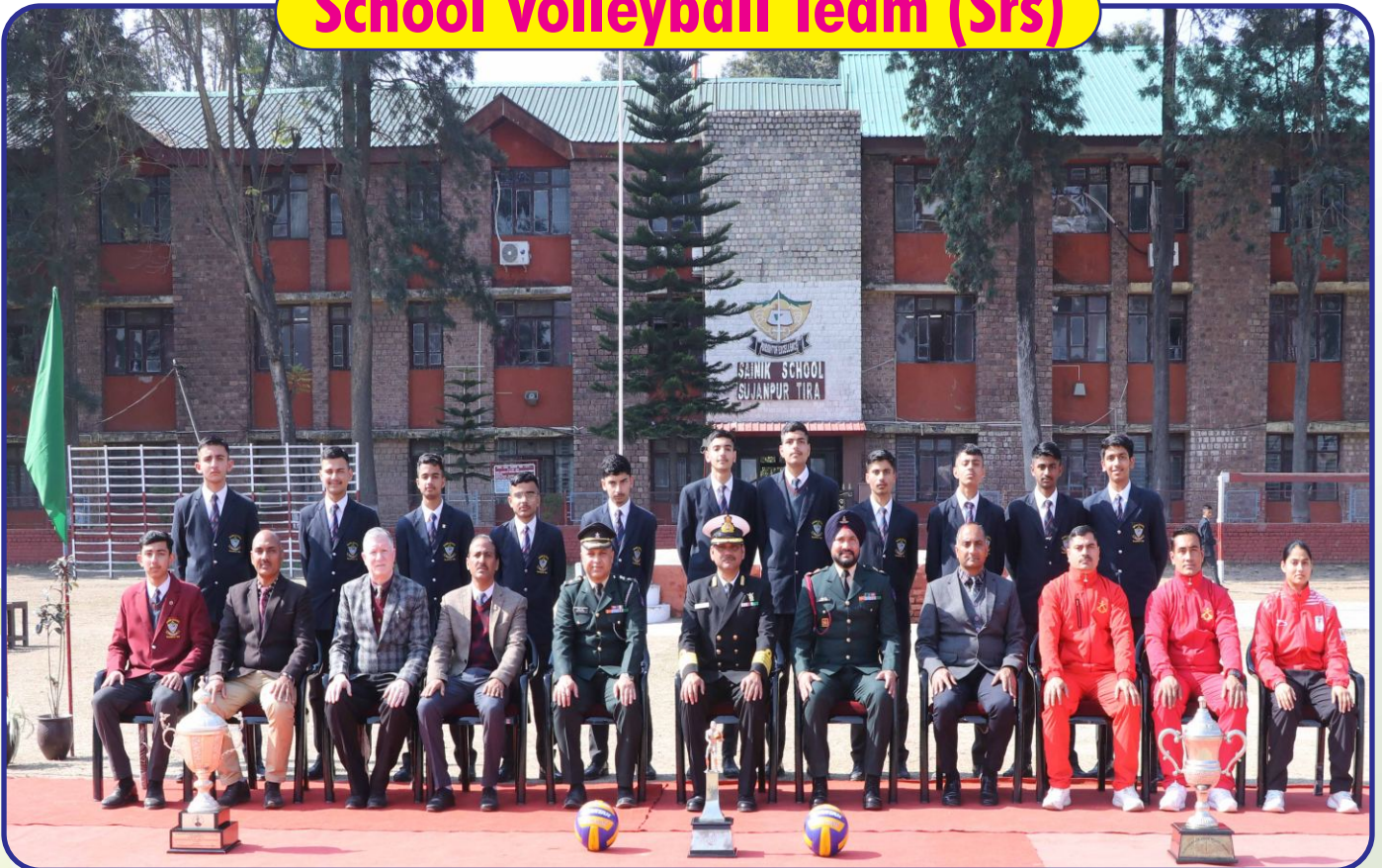
School Hockey Team (Srs)



School Basketball Team (Srs)



School Volleyball Team (Srs)



School Athletics Team (Jrs)



Girls Cadets of SSST



Cadets Who Qualified 151st NDA Written Exam



Sitting (From Left to Right) :- Mrs Bhumika Sharma, Mr Umesh Modgil, Mrs Suman Thakur, Mrs Rakesh Rana, Mr JS Thakur (Sr Master) Lt Col Nitin Sharma (Vice Principal), Capt (IN) MK Mahawar (Principal), Lt Col Rajinder Singh (Adm Officer), Mrs Meenakshi Rana, Mr Susheel Kumar, Mr VS Dhillon, Mrs Indu Puri
Standing (Row 1) :- Cdt Saksham Narya, Cdt Abhimanyu, Cdt Ashmit Bhatt, Cdt Harsh Dev Singh Manhas, Cdt Abhinav Rathore, Cdt Shivansh Chandel, Cdt Anuj Sharma, Cdt Aditya Gautam, Cdt Kartik, Cdt Sujal Bhardwaj, Cdt Hitesh Kanwar, Cdt Tanish Sambyal, Cdt Mayank Thakur
Standing (Row 2) :- Cdt Prikshit Sharma, Cdt Ankit Raj, Cdt Laxman, Cdt Akshansh Jaswal, Cdt Piyush Chouhan, Cdt Raghav Karol, Cdt Parv Gupta, Cdt Vansh Thakur, Cdt Kritesh, Cdt Akshit Mehra, Cdt Prashant Sharma, Cdt Ritvik Singh, Cdt Krish Sharma

40th Outgoing Batch of Sujanians



Sitting (From Left to Right) :- Mr. Rattan Singh Thakur, Mrs. Indu Dahiya, Mrs. Kumari Renu, Ms. Pushpa Kumari, Mr. JS Thakur (Sr. Master) Lt. Col. Nitin Sharma (Vice Principal), Capt. (IN) MK Mahawar (Principal), Lt. Col. Rajinder Singh (Adm. Officer), Mrs. Meenakshi Rana, Mr. Rakesh Rana, Mr. Susheel Kumar, Dr. B. D. Vashishtha, Mrs. Arvind Verma

Standing (Row 1 From Left to Right) :- Cdt. Naveen Harman, Cdt. Shivansh Chandel, Cdt. Shivansh Chandel, Cdt. Raghav Narayan, Cdt. Prikshit Sharma, Mr. Rohit Gupta, Mr. VS Dhillon, Mr. Shashi Pal Singh, Mrs. Sunita Chandel, Mrs. Suman Thakur, Mrs. Pooja Thakur, Mrs. Dimple Pathania, Mrs. Indu Puri, Mrs. Bhumiika Sharma, Dr. Sanjay Thakur, Mr. Suresh Kumar Sharma, Mr. Rajvir Singh Patial, Mr. J. K. Verma, Cdt. Arpit Chouhan, Cdt. Rahul Koundal, Cdt. Aditya Gautam, Cdt. Akshit Kumar, Cdt. Vansh Thakur, Cdt. Vansh Thakur, Cdt. Amitesh Singh, Cdt. Abhinabh Rana, Cdt. Swastik Narta, Cdt. Aditya Pathania

Standing (Row 2 From Left to Right) :- Cdt. Laxman, Cdt. Saksham Naryal, Cdt. Ashmit Bhatt, Cdt. Harsh Dev Singh Manhas, Cdt. Gurwinder Singh, Cdt. Akshansh Jaswal, Cdt. Abhimanyu, Cdt. Abhinav Rathore, Cdt. Piyush Chouhan, Cdt. Kritesh, Cdt. Shoumil Garla, Cdt. Kartik, Cdt. Sujal Bhardwaj, Cdt. Prashant Thakur, Cdt. Yogender Singh, Cdt. Rahul Sonkhla, Cdt. Hitesh Kanwar, Cdt. Ritvik Singh, Cdt. Krish Sharma, Cdt. Parth Guleria, Cdt. Tanish Sambyal, Cdt. Akshit Mehra, Cdt. Mayank Thakur, Cdt. Ankit Raj, Cdt. Aditya Badan, Cdt. Rudransh Rana, Cdt. Rajat Dhiman

Standing (Row 3 From Left to Right) :- Cdt. Abhay Pratap, Cdt. Raghav Karol, Cdt. Taufik Raja, Cdt. Himanshu, Cdt. Vishwajeet Giri, Cdt. Prince Dhatwalia, Cdt. Saksham Pathania, Cdt. Prince Raj, Cdt. Arpit Rana, Cdt. Shashwat Dev, Cdt. Vishesh Rana, Cdt. Jatin, Cdt. Kush Sharma, Cdt. Ruju Thakur, Cdt. Aditya Verma, Cdt. Kamlesh Verma, Cdt. Dhruv Chauhan, Cdt. Anuj Sharma, Cdt. Shivansh Manglesh, Cdt. Mohd Faizal, Cdt. Aditya Sharma, Cdt. Akshit Kumar, Cdt. Parv Gupta, Cdt. Prakash Bhalaria, Cdt. Ajitesh Kumar, Cdt. Ayush, Cdt. Trishit Sharma, Cdt. Ritu Raj

THEY MADE US PROUD

Joined NDA 150th Course



Cdt Tejas Chandel
XII-B (3449)



Cdt Bhavesh Kumar
XII-A (3745)



Cdt Sanskar Dod
XII-A (3468)



Cdt Aditya Thakur
XII-A (3281)



Cdt Unique Prasher
XII-A (3276)



Cdt Arryan Guleria
XII-B (3376)



Cdt Chirag Sharma
XII-A (3457)



Cdt Kartik
XII-A (3524)



Cdt Shivam Thakur
XII-B (3463)

THEY MADE US PROUD

Joined NDA 151st Course



**Cdt Dron Negi
XII-B (3483)**



**Cdt Farzand Ali
XII-B (3475)**

Joined NDA 152nd Course



**Cdt Kartik
XII-B (3557)**



**Cdt Mridul Chauhan
XII-B (3454)**



**Cdt Satyam Pandit
XII-B (3534)**



**Cdt Anshul Sharma
XII-A (3470)**



**Cdt Shamsheer Singh
XII-B (3735)**

CLASS TOPPERS 2023-24



Cdt Ritvik Singh
XII-A (94.8%)



Cdt Abhimanyu
XII-B (94.8%)



Cdt Aditya Gautam
XII-A (93.8)



Cdt Pranav Sharma
XI-B (94.8%)



Cdt Tanishq Choudhary
XI-A (94.6%)



Cdt Bhargav Soni
XI-B (93.6%)



Cdt Shivansh X-A
(96.6%)



Cdt Varshil Sharma
X-A (96.2%)



Cdt Sanidhya Katoch
X-A (95.2%)

CLASS TOPPERS 2023-24



Cdt Bhupendra Kumar Kuntal
X-A (95.2%)



Cdt Kshitij Choudhary
IX-B (98%)



Cdt Parag Thakur
IX-A (97.65)



Cdt Aryan
IX-A (97%)



Cdt Sanjeev Dogra
VIII-A (97.67%)



Cdt Anirudh Sharma
VIII-A (97.58%)



Cdt Ishika Katoch
VII-A (99.42%)



Cdt Vansh Sharma
VII-B (98.04)



Cdt Prem Prakash Priyadarshi
VII-B (97.76%)



Cdt Atharav Mahajan
VI-B (99.25%)



Cdt Nainish Kumar
VI-A (99.17%)

Investiture Ceremony 2023-24



Cdt Kartik
(School Cdt Captain)



Cdt Kritesh
(School Vice-Captain)



Cdt Ankit Raj
(School Sports Captain)



Cdt Ritvik Singh
(School Literary Captain)

Investiture Ceremony 2023-24



Cdt Akshit Mehra
(Beas House Captain)



Cdt Hitesh Kanwar
(Chenab House Captain)



Cdt Shoumil Garla
(Ravi House Captain)



Cdt Tanish Sambyal
(Satluj House Captain)



Cdt Anuj Sharma
(Yamuna House Captain)



Cdt Harsh Dev Singh Manhas
(Jhelum House Captain)

Torch Award Ceremony 2023-24



Principal & Teachers pinning the torches to meritorious cadets during the Torch Award Ceremony

Torch Award Ceremony 2023-24



Torch winners with their teachers



Teachers pinning the torches to meritorious cadets

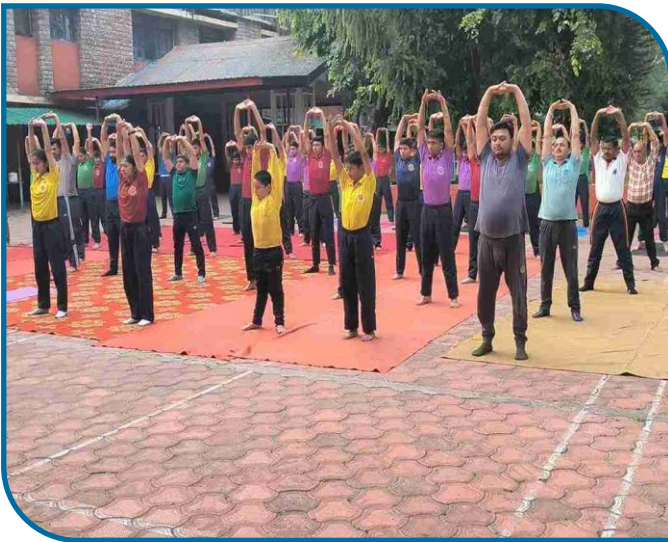


Cadets witnessing the Torch Award Ceremony



Principal's Address

YOGA DAY 2023-24



Staff and Cadets practicing yoga on 'Yoga Day.'

Conduct of All India Sainik Schools' National Games-Group-A (AISSNG)



Shri Rajinder Singh Rana, Hon'ble MLA (Sujanpur constituency), the Chief guest, being welcomed by the Principal, Staff, and Cadets.



Athletes taking the oath



Flagging off the games with a ribbon-cutting ceremony



Introduction with the players



Volleyball match between Sujanians & Saikapians.



Sujanian in action during basketball match with Kunjeyans



Girl cadets in action during the long jump

Conduct of All India Sainik Schools' National Games-Group-A (AISSNG)



Hockey match between Nagrotians & Sujanians



Volleyball match between Sujanians vs. Kunjeyans



400m race in progress



Cdt Shyam in action during the 400m race



Volleyball match between Nagrotians & Saikapians



Cdt Sonal in action during the 100m race



Basketball match between Sujanians & Kunjeyans



Basketball match between Kunjeyans & Nagrotians

Conduct of All India Sainik Schools' National Games-Group-A (AISSNG)



Girls cadets in a jubilant mood



Basketball match: Saikapians vs Kunjeyans



Principal inaugurating the cultural competition



Mrs. Pooja Thakur hosting the cultural competition.



Dogri Dance by Nagrotians



Bhangra performance by Saikapains

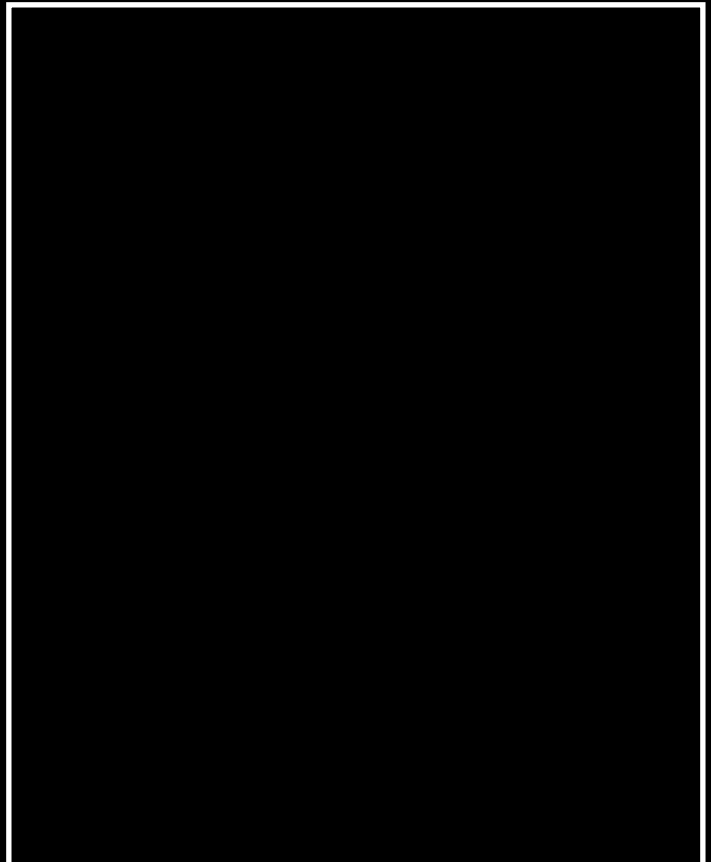
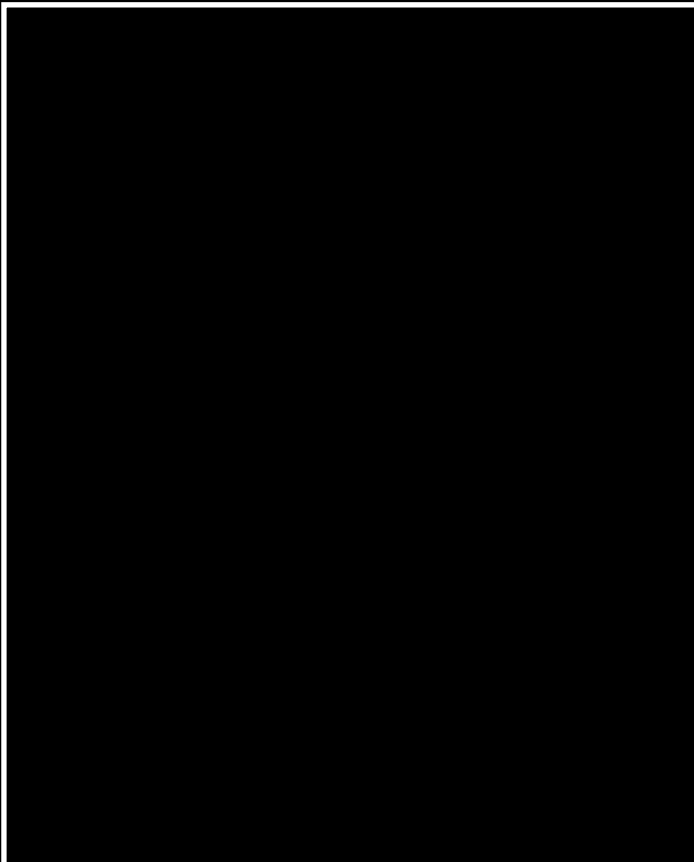
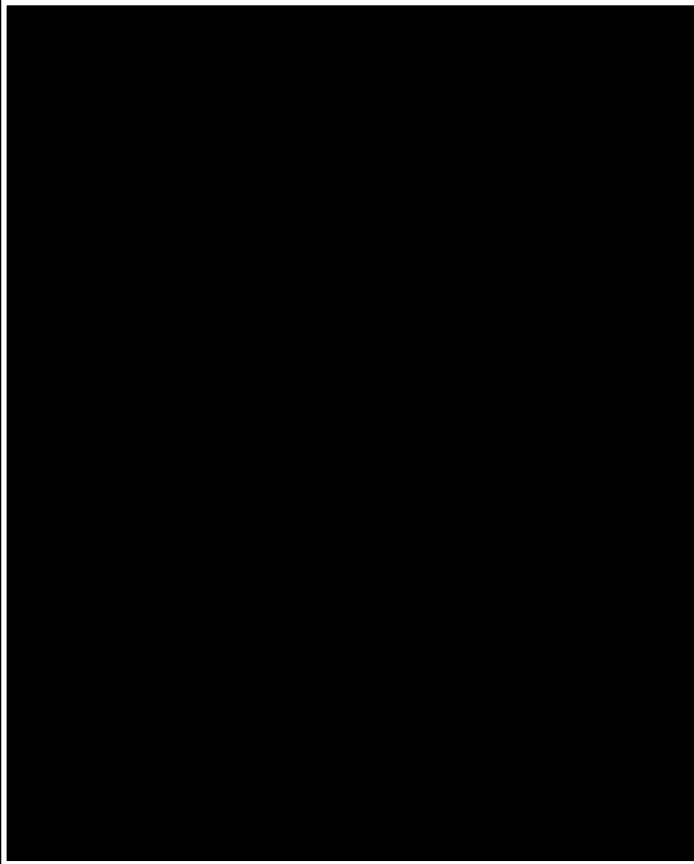


Mesmerising 'Nati' by Sujanians



A patriotic song by the girls cadets

CORNER



ORNER

 **IEU**

Mrs Seema Gupta, Headmistress, Sainik Primary School, was felicitated on her retirement on 31st May 2023

Mr Om Prakash, General Employee, retired on 31st May 2023

Sqn Ldr L R Zote, Administrative Officer, was posted out on 24th May 2023

